TEAMSTERS' NATIONAL PENSION PLAN 1610 Kebet Way, Port Coquitlam, B.C. V3C 5W9

Spouse and Beneficiary Designation - B.C. Pension Plan Registration Number - P086395-1

Name of Employee			_	I.N		
	Last name F	First	Middle			
Address of Employee	Street Number and Name		City			Postal Code
			·			
In accordance with pension regardless of any other benefits	n benefits legislation and the teficiary you have named. Benefi	terms of the Plan, its not payable to yo	your Spouse* m our Spouse* will b	ay be entitled to certain paid to your beneficial	ain benefits foll ary.	lowing your death
DESIGNATION OF SPOUSE (see reverse for definition of spouse)						
	I have a Spouse* as defined by the applicable legislation.					
;	Spouse's Name					
	Last		First	Initial		
,	Spouse's Date of Birth D	DD MM YY		e's Gender		
	I <u>do not</u> have a Spouse* as de	efined by the applica	able legislation.			
DESIGNATION OF B	ENEFICIARY (see rever	se for benefici	ary information	on)		
	Ily designated as your primary b				nt or death, or if	your spouse has
	Spousal Waiver of the Death Bei					
I hereby revoke any previous beneficiary designations made by me in respect of any benefits payable upon my death under the provisions of the Teamsters' National Pension Plan. I understand that, if I have a spouse on the date of my death my spouse is deemed to be my beneficiary. If I do not have a spouse on the date of my death, I hereby designate the following beneficiary under the Teamsters' National Pension Plan to receive any benefits Payable in the event of my death.						
	y (Please print clearly)		Relationship to	you		
Contact Information (Telephone Number/Address)						
(If you wish to appoint more than one beneficiary, please add below)						
	y (Please print clearly)			you		
Contact Information (Telephone Number/Address)						
If beneficiary (ies) listed above is <u>under age 19 or lacks legal capacity</u> , please appoint a trustee:						
Name of Trustee (P	lease print clearly)		Relationship to	you	Trustee's dat	
Contact Information	(Telephone Number/Addres	s)				
If more than one beneficiary is named, settlement will be made in equal shares to the beneficiary or beneficiaries that survive the member, unless otherwise provided by the Plan's terms or appropriate pension legislation. If no designated beneficiary survives the member, settlement will be made to the estate of the member.						
I reserve the right to revoke the designation of my beneficiary, including the designation of my spouse, subject always to the provisions of the law or government regulation governing the designation of beneficiaries. I acknowledge that all designations remain in effect until they are revoked in writing and such revocation is received by the Teamsters' National Pension Plan.						
Signature of Member		Date				
Signature of Witness		Name of \	Vitness (Please	print)		

PLEASE NOTE: THIS FORM MUST BE WITNESSED BY A DISINTERESTED PARTY NOT RELATED TO OR RESIDING WITH THE PLAN MEMBER.

DEFINITION OF SPOUSE UNDER PENSION BENEFITS LEGISLATION

Members of the Teamsters' National Pension Plan fall under the pension legislation of British Columbia or the Federal Government.

In British Columbia,

Your spouse is the person who, at the date a determination of spousal status is required:

- (a) is married to you and, if no longer living with you, has not lived separate and apart from you for more than two years in the immediately preceding period; or
- (b) if there is no person described in (a) above:
 - (i) a person of the opposite sex who has lived with you as husband or wife for the immediately preceding two years; or
 - (ii) a person of the same gender who has lived with you in a marriage-like relationship for the immediately preceding two years.

Under Federal Legislation,

Your spouse is the person who, at the date a determination of spousal status is required:

- (a) if there is no person described in (b) below, is married to you or is party to a void marriage with you; or
- (b) has been cohabiting with you in a conjugal relationship for at least one year.