

MAY 2026 NEWSLETTER



BC PharmaCare National Pharmacare Plan Launch: *The new BC Government enhanced drug coverage launched on **March 1, 2026**. This plan will cover the full cost of many diabetes medications, and menopausal hormone therapy. For more information, please visit the provincial website (or ctrl + left click on mouse on the following link):*

https://news.gov.bc.ca/releases/2026HLTH0018-000197?utm_medium=email&utm_source=rasa_io&utm_campaign=newsletter

Prescription Medications Type 2 Diabetes: *The following medications will still require a doctor's prescription which confirms your diagnosis and that the medication is being used to treat Type 2 Diabetes: Ozempic, Mounjaro, Trulicity, Rybelsus, Januvia, and Victoza. This must be submitted to the Plan office for approval. **PLEASE NOTE:** we do require Special Authority for Ozempic from PharmaCare. Please contact your doctor or pharmacy as they may have it on file. If not, please contact PharmaCare directly at 604-683-7151 or 1-800-663-7100. Press the corresponding number for your preferred language, then 3 for PharmaCare.*

Summer – Travelling: *Travelling this summer (or anytime) and wondering if you have travel insurance? If you are an active Member of the Plan, then you and your registered dependents are likely covered for Out of Province / Out of Country Emergency Medical coverage. This coverage comes at no charge to you and is administered by Allianz Global Assistance through The Co-operators. Please visit our website www.teamstersbenefits.ca for contact and policy information and a claim form should you need it (or Ctrl + left click on mouse on the following link):*

<https://www.teamstersbenefits.ca/cms/wp-content/uploads/2025/07/20250718112445390.pdf>

Pension Statements: *Pension statements will be issued in late June. It is important that we have your most updated contact information and beneficiary designation. Please contact the Plan Office if you need to update your information.*

Website Updates: *Please visit our website often as there are updates throughout the year. We have recently updated our "Resources" tab with several links which can assist with navigating your health and wellness, as well as several provincial and federal links. ****If you have our website bookmarked, ensure you refresh it to get the most current information and forms. *****

Reminder: *Please ensure that you are registered on our app for claim submissions and statements, benefit limits, and benefit cards. **Benefit Cards became digital through the app June 2023.** If you still have the previous physical card, please note that these are now obsolete. To ensure your Prescriptions, Dental, and Extended Health Benefits are covered, please download the cards through the app. **The Benefit Plan Booklet is also digital and available on our website.** Please contact the Plan Office should you require assistance.*

Plan Administration Office

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